

Roman Catholic Church of the
Immaculate Conception

91-1298 Renton Road, Ewa, Hawaii 96706

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Website: www.immaculateconceptionewa.org **Parish Email:** iccewa@rcchawaii.org
Office Hours: Monday thru Friday: 8:30 a.m. – 4:30 p.m.

WEEKLY SCHEDULE

Sunday

7 a.m., 9:30 a.m., 5:00 p.m. Mass
8:15 a.m. CCD K--12 grade
*September - May

Mon, Tue, Wed & Fri

8:00 a.m. Daily Mass

Wednesday

RCIA (Adults) 6:00 p.m.

Thursday

No Daily Mass

First Friday

7:00 a.m. First Friday Benediction
and Rosary
8:00 a.m. Mass

Saturday

RCIA (Children) 9:00 a.m.
5:00 p.m. Mass

Sacrament of Reconciliation

Saturday

4:00p.m. - 4:30p.m. (or by appt.)

Pastor

Father Nick Brown
nbrown@rcchawaii.org

Deacon

Richard Abel
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Administrative Assistant

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Director of Religious Education:

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Baptism Coordinator

Lowena Nagamine
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R.C.I.A. Coordinator

Sean Murata
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Mission Statement: “We, the people of Immaculate Conception Parish in Ewa, declare our firm loyalty to our Lord Jesus Christ, our Roman Catholic Church, and to the Diocesan Bishop of Honolulu. Our strength is in our unity as a Christian Family of Faith, and we inspire to reach out to everyone with the embrace of Christ.”



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God bless you,
Fr. Nick



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PARISH MINISTRIES

Parish Council of Ministries
Finance Council
Choirs
CFC Youth Activities
Couples & Singles for Christ
Devotional Societies
Food Pantry
Knights of Columbus
Parish Planning & Building Committee
Emergency Response Team

Contact us for the following:

Baptism:

An interview is required at least 2 months before the desirable month of infant baptism.

Faith Formation CCD & RCIA

Religious instruction for adults and children.

Marriage:

Please call at least 6 months prior to proposed wedding date. An Engaged Encounter Weekend is recommended prior to Marriage Ceremony.

Communion to the Homebound

Please call parish office to arrange for someone to bring the Blessed Sacrament to your sick family member

Funerals

Please call the parish office prior to making arrangements with the mortuary.

Food Pantry

Every Friday except on holidays, between 4:00 – 6:00 p.m.



Fifth Sunday in Ordinary Time

February 5, 2023

Readings for next week:

Sirach 15:15-20

1 Corinthians 2:6-10

Matthew 5:17-37

FOCUS: *Your light must shine before others.*

In both the Old and New Testaments, the secret to knowing the love of God is revealed: Share and love as God loves. God wants everyone to know the peace and joy we experience because he loves us and lights our way. He didn't give us his love to keep; we must share it with others. The mystery is, the more we share his love and light, the more we know how loved we are.

Lenten Season



Lent is a 40-day season of prayer, fasting, and almsgiving that begins on Ash Wednesday (Feb. 22nd) and ends on Holy Thursday (Apr.

6th). It is a time of preparation for the Lord's Resurrection at Easter. We will have many opportunities during Lent to renew our baptismal commitment and reconcile ourselves to God.

During Lent, we are also called to practice self-discipline by means of fasting and abstinence. We refrain from eating meat on Fridays and in making other sacrifices to unite our sufferings to our Lord Jesus for the salvation of our souls. In addition, the giving of alms is a way to share God's gifts through our stewardship. We will announce the Lenten Regulations in the next bulletin.

Parish Schedule

Monday, February 6:

8:00 a.m. Mass

Tuesday, February 7:

8:00 a.m. Mass

Wednesday, February 8:

8:00 a.m. Mass

Thursday, February 9:

- No Mass -

Friday, February 10:

8:00 a.m. Mass

4 – 6:00 p.m. Food Pantry (Hall)

Saturday, February 11:

5:00 p.m. Mass

Sunday, February 12:

7:00 a.m. Mass

9:30 a.m. Mass

10:30 a.m. Centering Prayer

5:00 p.m. Mass

Church Cleaning Schedule

Feb 11: Knights of Columbus

Feb 18: Chamorro Group

Feb 25: Couples for Christ

Mar 4: Sacred Heart Society



The 5th (and Final) Teaching Mass

The 5th and final Teaching Mass is included in this bulletin. It continues with the Liturgy

of the Eucharist, Part B, and includes the explanation of the Eucharistic Prayer.

Bishop Larry Silva's Episcopal Visit



Bishop Larry will be making his way to our parish on the weekend of March 4th - 5th. On Sat. Mar. 4th the Bishop will preside over the 5 p.m. Mass followed by a dinner in the Parish Hall. On Sun., Mar. 5th, we'll have a Town Hall Meeting in the Hall after the 9:30 a.m. Mass.

Haircuts by Rebecca

Haircut appointments are being scheduled for Tuesday, February 21st between 9 a.m. and 3 p.m. Please call the office to make an appointment.

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Ministry Fair

White Elephant



What: Ministry Fair/White Elephant Sale

When: February 19, 2023, Sunday

Where: Parish Hall

Time: 10:30 a.m. – 12:30 p.m.

Come and join us at our Ministry Fair and White Elephant Sale after the 9:30 a.m. Mass on Feb. 19th. If you're interested in joining one of our ministries, speak to a minister at the table. Each ministry will also have items for sale. We hope to see you there!

Blessed Palms, Burning of the Palms Ceremony, and Ash Wednesday



To prepare for Lent on Ash Wednesday, we are asking everyone to bring their blessed palms from last year's Palm Sunday. There will be a box at the back of the church to place them in. These palms will be burned in our Burning of the Palms Ceremony (Tue., Feb. 21st, 7 p.m., outside of the Parish Hall), and used for Ash Wednesday. Ash Wednesday Masses will be held on Wednesday, February 22nd at 8:00 a.m. and 7:00 p.m.

Stations of the Cross

Our Stations of the Cross will begin on February 24th starting at 7:00 p.m. in the Church. The following ministries have volunteered to help lead us in the Stations:

February 24 th :	Eucharistic Ministers/Lectors
March 3 rd :	Religious Education/RCIA
March 10 th :	Food Pantry Volunteers
March 17 th :	Knights of Columbus
March 24 th :	Couples for Christ
March 31 st :	Sacred Hearts/Flower Ministry



Lenten Season Fish Fry

The Knights of Columbus are sponsoring our Annual Fish Fry which will take place on the 7 Fridays of Lent beginning February 24th. This year, we will alternate between two

restaurants for the first 4 weeks: **Bebots (Don Quijote)** and **Honolulu Kitchen**. The last 3 weeks will be announced at a later time. Please see the ticket prices and menu below. **Ticket sales begin this weekend**. All proceeds benefit our Repair and Maintenance Fund. Please see one of our Knights to purchase a ticket. Mahalo for your support!

February 24 th	-	Bebots	-	\$15.00 per plate
March 3 rd	-	Don Quijote	-	\$15.00 per bento
March 10 th	-	Bebots	-	\$15.00 per plate
March 17 th	-	Don Quijote	-	\$15.00 per bento

Bebots: Pompano fish, rice, and tossed salad.

Honolulu Kitchen: Fish, noodles, rice, stir fry vegetables with tofu.

Lenten Penance Services

Our Lord gives us an opportunity to be reconciled with him through the Sacrament of Penance. Below is the schedule for the Lenten Penance Services in the Leeward Vicariate. All services start at 7 p.m. except for St. Joseph's, whose services begin at 6:30 p.m.:

February 28 th	St. Rita, Nanakuli
March 9 th	St. Joseph, Waipahu
March 13 th	St. Jude, Kapolei
March 20 th	Immaculate Conception, Ewa
March 23 rd	Sacred Heart, Waianae
March 30 th	OLPH, Ewa Beach

All are encouraged to be reconciled to God.



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2nd Collection: Augustine Educational Foundation



Next weekend, **February 11-12, 2023**, our second collection will be taken up for the **Augustine Educational**

Foundation. There is no greater gift we can give the students in our Honolulu Diocese than the gift of a Catholic education.

There is no better investment than in the Augustine Educational

Foundation to make sure these students realize their potential. A portion of your donations go toward the students in our parish. For more information, please check out their website: www.augustinefoundation.org. Mahalo for your support.

2022 Tax Statement

Please call the office during normal business hours if you need a tax statement of your donations. Faith Direct users may download their statements at www.faithdirect.net. Call the office if you have any question.



CRS Rice Bowls

The Annual Rice Bowl Collection is coming up soon. Please pick up a rice bowl at the entrance of the church. More info will be in the upcoming bulletins.



St. Marianne Cope Wellness Walk

Sandra Mendonza (*at left*), one of our parishioners, participated in the St. Marianne Cope 10th Wellness Walk on January 21st, Saturday. She and the others who participated in the Walk, helped to raise funds to support the healthcare services for our kupuna, caregivers, and other healthy communities of the St. Francis Healthcare Systems.



Daring to Live: A Guide to a Meaningful Life

Sunday, February 19, 2023 at 4:00 p.m.
Mystical Rose Oratory, Chaminade University of Honolulu

Join the Marianist Lecture "A Life Worth Loving: How People of Faith Engage Work, Leisure and Love" featuring guest speaker Dr. Anna Bonta Moreland, PhD. Dr. Anna Moreland, co-author of

"Daring to Live: A Guide to a Meaningful Life," will discuss strategies for emerging adults and the people who love them to expand their imagination, build better vocabulary, and recover habits and practices to live more fully and faithfully. To register or learn more, please visit chaminade.edu/marianist-lecture

Stewardship of Treasure

January 28 - 29, 2023

Weekly Offering	\$ 2,679.75
Repair/Maint. Fund	659.00
Building Fund	1,266.00
Book of Intentions	115.00
Mass Intentions	100.00
Flowers	42.00
Food Pantry	101.00
Candles	110.00
Haircuts	15.00
Special	1.00
Total	\$ 5,088.75

Second Collections

Church in Latin America	\$ 90.00
Black/Indian Missions	30.00

Upcoming Events

Please mark your calendars:

February:

- Ministry Fair, Feb. 19
- Shrove Tuesday, Feb. 21
- Ash Wednesday, Feb. 22
- Fish Fry, beginning Feb. 24
- Stations of the Cross, Feb. 24
- Lenten Penance Services beginning Feb. 28

March:

- Episcopal Visit with Bishop Larry: Town Hall Meeting and Masses, Mar. 4-5
- ICC, Ewa Lenten Penance Service, Mar. 20

Details will be forthcoming in the future bulletins.



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TEACHING MASS - BULLETIN INSERT
LITURGY OF THE EUCHARIST, PART B: THE EUCHARISTIC PRAYER
SUNDAY, FEBRUARY 5, 2023



THE HIGH POINT OF THE MASS

The Eucharistic Prayer is prayed by the priest in the name of the entire sacred assembly, it is this prayer that transforms the bread and wine into the Body and Blood of our Lord Jesus Christ. This prayer is most commonly known as the means of the changing of bread and wine into body and blood, but there is much more to it than that. We should be mindful that the word “Eucharist” comes from the Greek word for “thanksgiving,” and the Eucharistic prayer, indeed the Mass as a whole, can be called a prayer of thanksgiving to the Father. The Eucharistic Prayer includes almost every kind of prayer we can give.

In the current use of our Mass, called the Roman Rite, there are ten approved Eucharistic Prayers that a priest may use. Some are used frequently on Sundays and weekdays, while some are used more sparingly because they are for special needs or occasions. Some are longer than others and some have their various prayers in different orders. Regardless, even if these each have different wordings, they all have the same key elements that make up the different prayers within the Eucharistic Prayer. By knowing these different elements and being able to recognize them when we hear the priest pray them, we are able to have a deeper and fuller participation in this most holy prayer. The elements are:

DIALOGUE OF PRIEST AND PEOPLE

This serves as the beginning of the Eucharistic Prayer. The priest calls the people to be attentive to the divine prayer and to participate in it in heart and voice. Worship is a task of the mind, heart, soul, and body, and so the priest invites the people to this sacred moment. The dialogue is always the same:

“The Lord be with you.”	“And with your spirit.”
“Lift up your hearts.”	“We lift them up to the Lord.”
“Let us give thanks to the Lord our God.”	“It is right and just.”

Notice how the priest does not say his usual, “Let us pray,” but rather, “Let us give thanks...” The priest is inviting us to participate in the thanksgiving that is the Eucharist.

PREFACE

After the Dialogue, the priest turns his focus to God the Father and addresses Him directly. The Preface usually begins with, “It is truly right and just,” showing a continuation of what the people have just said, showing us how the priest’s prayer is tied to our prayer. The preface can differ in its wording and is often related to the unique celebration of that day, but it is always a prayer of thanksgiving which recalls the deeds of God the Father through Jesus Christ. The preface ends with our response, in which we acclaim, “Holy, Holy, Holy.”

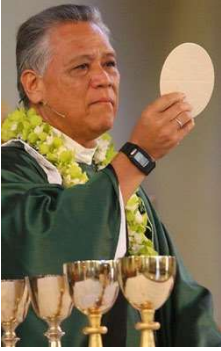
PRAYER OF PRAISE TO THE FATHER (ANAMNESIS – “NOT FORGETTING”)

An ancient form of prayer found time and time again in scripture, the Prayer of Praise, or *Anamnesis*, is when the priest mentions God’s greatness and the wonders He has done. It seems strange to spend time telling God how great He is; however, this form of prayer has been done by Moses, King David, and even Jesus Himself. It is thus in keeping with our greater tradition to join our prayer of praise to these.

THE CALLING DOWN OF THE HOLY SPIRIT (EPICLESIS)

It is not the priest who transforms the bread and wine into body and blood of Christ; only God can do that. The act of consecrating the gifts requires the Holy Spirit’s direct involvement. The priest performs the *Epiclesis* by extending his hands over the gifts with his palms down above them as he asks God the Father to send down the Holy Spirit that those gifts become the Body and Blood of Christ. It makes the gifts holy and acceptable so that they become worthy to be the Eucharist.





WORDS OF INSTITUTION (CONSECRATION)

These are the words by which the bread and wine become the body and blood of Christ himself. It is at time within the prayer in which the priest recalls and relives the last supper. During this, the priest repeats the words first uttered by Christ: “This is my body,” and, “This is the chalice of my blood.” When the priest says these words, it is no longer the priest who is speaking, but Christ speaking through the priest. As Christ is the fullness of Truth, what He says is always true, and thus when He says that the bread is His body, it thus becomes so. Our Lord then does the same to the wine, transforming it into His blood. This concludes with, “Do this in memory of me.”

MEMORIAL ACCLAMATION (MYSTERY OF FAITH)

The consecration is followed by the priest proclaiming, “The Mystery of Faith,” a reference to the consecration he has just facilitated. The people respond by professing their faith in the new covenant, the consecration, and thus the Real Presence.

REMEMBERING THE DEATH AND RESURRECTION AS WELL AS HIS ASCENSION

This part of the Eucharistic Prayer is when the priest mentions how we are called to remember Christ’s passion and crucifixion, as well as His resurrection from the dead, His glorious ascension into heaven, and His future return to us in glory.

OFFERING OF THE BODY AND BLOOD

Before the consecration, we offered up bread and wine, made from human hands, to the Father as a gift. Now, those have been replaced with the Body and Blood of Christ, which are of far greater value in terms of sacrifice. Thus, the priest offers the Body and Blood of Christ to God the Father as the true acceptable sacrifice in atonement for our sins. The sacrifice on the cross, made present to us in the Eucharist, is the sacrifice that erases our sins and makes us worthy of God’s grace. We participate in this offering. Both priest and people offer up the sacrifice of Jesus as the price for our salvation.

EPICLESIS OVER THE PEOPLE

Similar but distinct from the *epiclesis* of the bread and wine, the priest asks God to remember and consecrate the people who are gathered at this Mass. We should remember that the priest acts as something of a mediator, and thus is the one who asks God to bless all the people of God gathered within the church for Mass. The Eucharist consecrates us as members of the Body of Christ.

INTERCESSIONS

Much like the Prayers of the Faithful, the Eucharistic Prayers include petitions of behalf of the Pope, the Bishop, the whole Church, and the dead.

DOXOLOGY (RIGHT PRAISE)

Always the same, the doxology is the final prayer of the priest which summarizes the Trinity and how each plays a role in the Mass: “Through him and with him and in him (Jesus), O God almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, forever and ever.”

GREAT AMEN

This is our response to the Doxology, which is often sung, and meant to relate how we acclaim, affirm, and believe in the sacrifice that has just been offered through the Eucharistic Prayer. The Great Amen concludes the Eucharistic Prayer.

